

# September 2025 – Classes

Valleywise Community Health Center – West Maryvale  
Family Resource Center  
7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>01</b> FRC Closed	<b>02</b> ● 9:30 am – Baby Signing Time®★ ● 10:30 am – NutriMiniKids / Adventuring with food ● 4 pm – Board Games	<b>03</b> ● 9 am – Zumbini® ● 10 am – ZooToYou - Shapes in Nature ◆ 11 am – Baby Shower	<b>04</b> ◆ 9 am – Women's Self-Improvement Series ● 10 am – Kinder Readiness ◆ 10:30 am – Zumbini®	<b>05</b> ◆ 9:30 am – Play & Learn ● 10 am – Raising a Reader★ ● 11 am – Play & Learn	<b>06</b>
<b>08</b> ● 10 am – Start with Music ● 1:30 pm – Organize Your Family's Health Care Information	<b>09</b> ● 9:30 am – Baby Signing Time®★ ● 10:30 am – NutriMiniKids / Adventuring with food ● 4 pm – Creative Play ◆ 5 pm – Safe Sleep	<b>10</b> ● 9 am – Zumbini® ● 10 am – Preschool Science on Wheels - 3-2-1 Blastoff ◆ 11 am – Baby Shower	<b>11</b> ◆ 9 am – Women's Self-Improvement Series ● 10 am – Kinder Readiness ◆ 10:30 am – Zumbini®	<b>12</b> ◆ 9:30 am – Play & Learn ● 10 am – Raising a Reader★	<b>13</b>
<b>15</b> ● 10 am – Start with Music ● 11 am – Safe Sleep★	<b>16</b> ● 9:30 am – Baby Signing Time®★ ● 10:30 am – NutriMiniKids / Adventuring with food ● 4 pm – Healthy Smiles	<b>17</b> ● 9 am – Zumbini® ● 10 am – Mad Science - Fire and Ice ◆ 11 am – Baby Shower	<b>18</b> ◆ 9 am – Women's Self-Improvement Series ● 10 am – Hispanic Heritage Month Celebration ◆ 10 am – Storytime and Fun Arts ◆ 10:30 am – Zumbini® ● 1 pm – Family & Friends® CPR★	<b>19</b> ◆ 9:30 am – Play & Learn ● 10 am – Raising a Reader★ ● 11 am – Play & Learn	<b>20</b>
<b>22</b> ● 10 am – Start with Music	<b>23</b> ● 9:30 am – Baby Signing Time®★ ● 10:30 am – NutriMiniKids / Adventuring with food ● 11 am – Potty Training Workshop ● 4 pm – Bike Helmet Give-A-Way ◆ 5 pm – Safe Sleep	<b>24</b> ● 9 am – Zumbini® ◆ 11 am – Baby Shower ● 1 pm – Car Seat Safety★	<b>25</b> ◆ 9 am – Women's Self-Improvement Series ◆ 10:30 am – Zumbini® ● 11 am – Family Advisory Committee★	<b>26</b> ◆ 9:30 am – Play & Learn ● 10 am – Raising a Reader★ ● 11 am – Newborn Care	<b>27</b> <b>Car Seat Checkup Event</b> <b>8 am – 12 pm</b>  Valleywise Health Parking Lot 2601 E Roosevelt St. Phoenix, AZ 85008
<b>29</b> ● 10 am – Start with Music ● 11 am – Raising a Reader★	<b>30</b> ● 9:30 am – Baby Signing Time®★ ● 10:30 am – NutriMiniKids / Adventuring with food ● 4 pm – Storytime and Fun Arts				<b>Hours:</b>  Monday 8 am - 4:30 pm Tuesday 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday 8 am - 4:30 pm Friday 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required