

# October 2025 – Classes

Valleywise Community Health Center – North Phoenix  
Family Resource Center  
2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hours:</b>  Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm		<b>01</b> ● 10 am – Kith & Kin★	<b>02</b> ◆ 9 am – Women's Self-Improvement Series★ ● 10:30 am – Walking Club - Park ◆ 10:30 am – Zumbini®	<b>03</b> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Fun Arts	<b>04</b>
<b>06</b> ● 11 am – Raising a Reader - Financial Literacy	<b>07</b> ● 10:30 am – Adult Craft Hour ● 2 pm – Family & Friends® CPR ◆ 5 pm – Safe Sleep	<b>08</b> ● 10 am – Fall STEM for Littles - Halloween Salt Dough Ornament Two Class Series ● 3 pm – STEM for Littles - Bowling	<b>09</b> ◆ 9 am – Women's Self-Improvement Series★ ● 10:30 am – Walking Club - Park ◆ 10:30 am – Zumbini®	<b>10</b> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Fall STEM for Littles	<b>11</b>
<b>13</b> <b>FRC Closed</b>	<b>14</b> ● 10:30 am – Adult Craft Hour	<b>15</b> ◆ 10 am – Kith & Kin★ ● 12:30 pm – Fall STEM for Littles - Halloween Salt Dough Ornaments Two Class Series ● 2 pm – Car Seat Safety★	<b>16</b> ◆ 9 am – Women's Self-Improvement Series★ ● 10:30 am – Walking Club - Park ◆ 10:30 am – Zumbini® ◆ 11:15 am – Book Club	<b>17</b> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Fall STEM for Littles	<b>18</b>
<b>20</b> ● 10 am – Storytime and Fun Arts	<b>21</b> ● 10:30 am – Adult Craft Hour ● 1:30 pm – MyChart ◆ 5 pm – Safe Sleep	<b>22</b> ● 10 am – Kith & Kin★ ● 3 pm – STEM for Littles - Bowling	<b>23</b> ◆ 9 am – Women's Self-Improvement Series★ ● 10:30 am – Walking Club - Park ◆ 10:30 am – Zumbini® ◆ 11:15 am – Book Club	<b>24</b> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Fall STEM for Littles	<b>25</b>
<b>27</b> ● 11 am – Preschool Science on Wheels - Space Explorers	<b>28</b> ● 10:30 am – Adult Craft Hour ● 12 pm – Storytime	<b>29</b> ● 10 am – Kith & Kin★	<b>30</b> ◆ 9 am – Women's Self-Improvement Series★ ● 10:30 am – Walking Club - Park ◆ 10:30 am – Zumbini® ◆ 11:15 am – Book Club	<b>31</b> ◆ 9:30 am – Play & Learn ● 10 am – Zumbini® ● 11 am – Holiday Arts - Pumpkin Parade	