

October 2025 – Classes

Valleywise Comprehensive Health Center – Peoria
Family Resource Center
8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hours:</p> <p>Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm</p>		<p>01</p> <p>● 11 am – Storytime and Fun Arts</p>	<p>02</p> <p>◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Adult Craft Hour</p>	<p>03</p> <p>◆ 9:30 am – Play & Learn ● 10 am – Family, Friends, & Neighbors★</p>	<p>04</p>
<p>06</p> <p>● 9:30 am – Zumbini® ● 10:30 am – Storytime for Babies</p>	<p>07</p> <p>● 10 am – Family, Friends, & Neighbors★ ● 2 pm – Newborn Care ◆ 5 pm – Safe Sleep</p>	<p>08</p> <p>● 10 am – Bike Helmet Give-A-Way ● 11 am – Car Seat Safety★</p>	<p>09</p> <p>◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Creative Play ● 1 pm – MyChart</p>	<p>10</p> <p>◆ 9:30 am – Play & Learn ● 10 am – Family, Friends, & Neighbors★</p>	<p>11</p>
<p>13</p> <p>FRC Closed</p>	<p>14</p> <p>● 10 am – Family, Friends, & Neighbors★ ● 2 pm – Organize Your Family's Health Care Information</p>	<p>15</p> <p>● 11 am – STEM for Littles</p>	<p>16</p> <p>◆ 9 am – Women's Self-Improvement Series★ ● 10 am – ZooToYou - Moovin' and Groovin' ◆ 10:30 am – Zumbini®</p>	<p>17</p> <p>◆ 9:30 am – Play & Learn ● 10 am – Family, Friends, & Neighbors★</p>	<p>18</p>
<p>20</p> <p>● 9:30 am – Zumbini® ● 10:30 am – Creative Play for Babies</p>	<p>21</p> <p>● 11 am – Preschool Science on Wheels - It's Slime Time ● 2 pm – Family & Friends® CPR ◆ 5 pm – Safe Sleep</p>	<p>22</p> <p>● 11 am – Potty Training Workshop</p>	<p>23</p> <p>◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Start with Music</p>	<p>24</p> <p>◆ 9:30 am – Play & Learn ● 10:30 am – Healthy Smiles ● 11 am – Board Games</p>	<p>25</p> <p>The Spooktacular Fall Festival 9 am – 1 pm</p> <p>ASU – West 4701 W Thunderbird Rd Glendale, AZ 85306</p>
<p>27</p> <p>● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies</p>	<p>28</p> <p>● 11 am – Math for Littles</p>	<p>29</p> <p>● 11 am – Storytime and Fun Arts ● 2:30 pm – Storytime and Fun Arts</p>	<p>30</p> <p>◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Start with Music</p>	<p>31</p> <p>◆ 9:30 am – Play & Learn ● 11 am – Fun Arts</p>	