October 2025 – Classes

Valleywise Comprehensive Health Center – Phoenix Family Resource Center 2525 E. Roosevelt St., Phoenix, AZ 85008 | 602-344-1352



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm		01 • 9 am – Newborn Care	02 • 9 am – Baby Signing Time® • 9 am – Women's Self- Improvement Series★ • 10:30 am – Zumbini® • 11 am – ZooToYou	03 • 9 am − Raising a Reader • 9:30 am − Play & Learn • 10 am − Preschool Science on Wheels - Build it • 11 am − Start with Music	04
06 ● 10 am – Healthy Smiles	07 • 9 am – Zumbini® • 10 am – Career Explorers • 5 pm – Safe Sleep	08 • 10 am – Fun Arts • 2 pm – Family & Friends® CPR	 9 am – Baby Signing Time® 9 am – Women's Self-Improvement Series★ 10 am – Creative Supports 10:30 am – Zumbini® 	10 9 am − Raising a Reader 9:30 am − Play & Learn 11 am − Start with Music	11
13 FRC Closed	14 9 am – Zumbini® 10 am – Career Explorers 11 am – NutriMiniKids / Adventuring with food	15 • 10 am – Fun Arts • 11 am – Creative Play	16 9 am – Baby Signing Time® 9 am – Women's Self- Improvement Series★ 10 am – Creative Supports 10:30 am – Zumbini®	17 ◆ 9:30 am – Play & Learn • 10 am – Storytime • 10:30 am – Friends in Our Community: Early Head Start – Southwest Human Development • 11 am – Start with Music	18
20 • 9 am – Car Seat Safety★ • 2 pm – Board Games	21 9 am – Zumbini® 10 am – Career Explorers 11 am – NutriMiniKids / Adventuring with food 5 pm – Safe Sleep	22 • 10 am – Fun Arts • 2 pm – MyChart	23 9 am – Conversation Café 9 am – Women's Self- Improvement Series★ 10 am – Creative Supports 10:30 am – Zumbini®	 9:30 am – Play & Learn 10 am – Math for Littles 11 am – Start with Music 	25 Fall Festival Resource Fair 10 am – 12:30 pm Creighton Family Resource Center 2052 N. 36th St. Phoenix, AZ 85008
27	28 9 am – Zumbini® 10 am – Career Explorers 11 am – NutriMiniKids / Adventuring with food	29 • 10 am – Storytime and Fun Arts	30 9 am – Conversation Café 9 am – Women's Self- Improvement Series★ 10 am – Creative Supports 10:30 am – Zumbini®	31 • 9:30 am – Play & Learn • 10 am – Fun Arts • 11 am – Start with Music	