

# October 2025 – Classes

Valleywise Community Health Center – South Central Phoenix  
Family Resource Center  
33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hours:</b>  Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm Saturday 10/25: 8 am - 11:30 am		<b>01</b> ● 10:30 am – Zumbini®	<b>02</b> ● 9 am – MyChart ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Baby Signing Time®	<b>03</b> ● 9 am – Adult Craft Hour ◆ 9:30 am – Play & Learn	<b>04</b>
<b>06</b> ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café	<b>07</b> ● 10 am – Play & Learn ◆ 5 pm – Safe Sleep	<b>08</b> ● 8:30 am – Car Seat Safety★ ● 10:30 am – Zumbini®	<b>09</b> ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Baby Signing Time®	<b>10</b> ● 9 am – Adult Craft Hour ◆ 9:30 am – Play & Learn ● 11 am – ZooToYou - Animal Opposites	<b>11</b>
<b>13</b> FRC Closed	<b>14</b> ● 9 am – NutriMiniKids / Adventuring with food ● 10 am – Play & Learn ● 11 am – Preschool Science on Wheels - All about clouds	<b>15</b> ● 10:30 am – Zumbini®	<b>16</b> ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Baby Signing Time®	<b>17</b> ● 9 am – Adult Craft Hour ◆ 9:30 am – Play & Learn	<b>18</b>
<b>20</b> ● 10:30 am – Conversation Café	<b>21</b> ● 9 am – NutriMiniKids / Adventuring with food ● 10 am – Play & Learn ◆ 5 pm – Safe Sleep	<b>22</b> ● 10:30 am – Zumbini®	<b>23</b> ● 9 am – Family & Friends® CPR ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini®	<b>24</b> ● 9 am – Adult Craft Hour ◆ 9:30 am – Play & Learn	<b>25</b> FRC Open 8am – 11:30am ● 10 am – Fun Arts
<b>27</b> ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café	<b>28</b> ● 9 am – NutriMiniKids / Adventuring with food ● 10 am – Play & Learn	<b>29</b> ● 10:30 am – Zumbini®	<b>30</b> ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini®	<b>31</b> ◆ 9:30 am – Play & Learn ● 9:30 am – Start with Music ● 10:30 am – Fun Arts	