

October 2025 – Classes

Valleywise Community Health Center – West Maryvale
Family Resource Center
7808 W Thomas Rd, Phoenix, AZ 85033 | 602-655-6906



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday 8 am - 4:30 pm Tuesday 8 am - 5:30 pm Wednesday 8 am - 4:30 pm Thursday 8 am - 4:30 pm Friday 8 am - 4:30 pm		01 ● 9 am – Zumbini® ● 10 am – ZooToYou ● 2 pm – Board Games	02 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini®	03 ◆ 9:30 am – Play & Learn	04
06 ● 10 am – Car Seat Safety★	07 ● 9 am – Friends in Our Community: WIC ● 9:30 am – Baby Signing Time®★ ● 4 pm – Board Games ◆ 5 pm – Safe Sleep	08 ● 9 am – Zumbini® ● 10 am – Preschool Science on Wheels - Bounce and Roll ● 2 pm – Board Games	09 ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Creative Supports★ ◆ 10:30 am – Zumbini® ● 1:30 pm – Newborn Care	10 ◆ 9:30 am – Play & Learn ● 9:30 am – Safe Sleep ● 11 am – Play & Learn	11
13 FRC Closed	14 ● 9:30 am – Baby Signing Time® ● 1:30 pm – Family & Friends® CPR★ ● 4 pm – Board Games	15 ● 9 am – Zumbini® ● 10 am – Mad Science - Up, Up and Away! ● 2 pm – Board Games	16 ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Creative Supports★ ◆ 10:30 am – Zumbini®	17 ◆ 9:30 am – Play & Learn ● 11 am – Play & Learn	18
20 ● 10 am – Storytime and Fun Arts	21 ● 9:30 am – Baby Signing Time®★ ● 4 pm – Storytime and Fun Arts ◆ 5 pm – Safe Sleep	22 ● 9 am – Zumbini® ● 2 pm – Board Games	23 ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Creative Supports★ ◆ 10:30 am – Zumbini® ● 1:30 pm – MyChart	24 ◆ 9:30 am – Play & Learn ● 10 am – Fun Arts ● 11 am – Play & Learn	25 The Spooktacular Fall Festival 9 am – 1 pm ASU – West 4701 W Thunderbird Rd Glendale, AZ 85306
27 ● 10 am – Math for Littles	28 ● 9:30 am – Baby Signing Time®★ ● 4 pm – Fun Arts	29 ● 9 am – Zumbini® ● 2 pm – Board Games	30 ◆ 9 am – Women's Self-Improvement Series★ ● 10 am – Creative Supports★ ◆ 10:30 am – Zumbini® ● 1:30 pm – Bike Helmet Give-A-Way	31 ◆ 9:30 am – Play & Learn ● 10 am – Spooktacular Dance Party: Music and Movement ● 11 am – Play & Learn	