

November 2025 – Classes

Valleywise Community Health Center – Mesa
Family Resource Center
950 E. Main St., Mesa, AZ 85203 | 602-655-6206



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm					01 2:00 – 6:00 pm Community Family Fun Day at Eagles Park 828 E Broadway, Mesa, AZ 85204
03 ● 11 am – Computdopt's Digital Skills Builder Program★ ● 1 pm – Zumbini®	04 ● 10 am – ZooToYou ◆ 5 pm – Safe Sleep	05 ● 10 am – Storytime ● 11 am – Computdopt's Digital Skills Builder Program ★	06 ◆ 9 am – Women's Self-Improvement Series★ ● 10:30 am – Adult Craft Hour ◆ 10:30 am – Zumbini®	07 ● 9 am – MyChart ● 9:30 am – Organize Your Family's Health Care Information★ ◆ 9:30 am – Play & Learn ● 10:30 am – Newborn Care★	08
10 ● 11 am – Computdopt's Digital Skills Builder Program★ ● 1 pm – Zumbini®	11 FRC Closed	12 ● 10 am – Storytime ● 11 am – Computdopt's Digital Skills Builder Program ★	13 ◆ 9 am – Women's Self-Improvement Series★ ● 10:30 am – Adult Craft Hour ◆ 10:30 am – Zumbini® ● 11:30 am – Diabetes Bingo	14 ● 9 am – Car Seat Safety★ ◆ 9:30 am – Play & Learn	15
17 ● 11 am – Computdopt's Digital Skills Builder Program ★ ● 1 pm – Zumbini®	18 ● 10:30 am – Friendsgiving	19 ● 10 am – Fun Arts - Disguise a Turkey ● 11 am – Computdopt's Digital Skills Builder Program ★ ● 2 pm – Fun Arts - Disguise a Turkey	20 FRC Closed	21 ◆ 9:30 am – Play & Learn ● 10:30 am – Let's Play! Drama Storytime with Mesa Arts Center ● 11:30 am – Creative Play	22 ◆ 9:30 am – Storytime and Fun Arts
24 ● 11 am – Computdopt's Digital Skills Builder Program ★ ● 1 pm – Zumbini®	25 ● 2 pm – Family & Friends® CPR★ ◆ 5 pm – Safe Sleep	26 ● 11 am – Computdopt's Digital Skills Builder Program★	27 FRC Closed	28	29

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ **Registration Required**