

November 2025 – Classes

Valleywise Community Health Center – North Phoenix
Family Resource Center
2025 W. Northern Ave., Phoenix, AZ 85021 | 602-655-6306



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm					01
03 10:30 am – Math for Littles 11:30 am – ZooToYou - Bug Buddies	04 10:30 am – Adult Craft Hour 5 pm – Safe Sleep	05 9 am – Kith & Kin 10:30 am – Walking Club - Park	06 9 am – Women's Self-Improvement Series★ 10:30 am – STEM for Littles - Bread in a bag 10:30 am – Zumbini® 11:15 am – Book Club	07 9:30 am – Play & Learn 10 am – Zumbini®	08
10 10:30 am – Math for Littles 1 pm – MyChart	11 FRC Closed	12 9 am – Kith & Kin 10:30 am – Walking Club - Park	13 9 am – Women's Self-Improvement Series★ 10:30 am – STEM for Littles - Make Your Own Butter 10:30 am – Zumbini® 11:15 am – Book Club	14 9:30 am – Play & Learn 10 am – Zumbini® 11 am – Potty Training Workshop	15
17 9:30 am – Car Seat Safety★	18 10:30 am – Adult Craft Hour 2 pm – Family & Friends® CPR	19 10 am – Kith & Kin 10:30 am – Walking Club - Park	20 FRC Closed	21 9:30 am – Play & Learn 10 am – Zumbini® 11 am – Diabetes Bingo	22 9:30 am – Storytime and Fun Arts
24 11 am – Preschool Science on Wheels - Insectarium	25 10:30 am – Adult Craft Hour 5 pm – Safe Sleep	26 10 am – Friendsgiving	27 FRC Closed	28 10 am – Zumbini®	29