

November 2025 – Classes

Valleywise Comprehensive Health Center – Peoria
Family Resource Center
8088 W. Whitney Dr. Peoria, AZ 85345 | 602-655-2240



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm					01
03 ● 9:30 am – Zumbini® ● 10:30 am – Fun Arts for Babies	04 ● 11 am – Preschool Science on Wheels - Insectarium ● 2 pm – Newborn Care ◆ 5 pm – Safe Sleep	05 ● 10 am – Bike Helmet Give-A-Way ● 11 am – Car Seat Safety★	06 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Start with Music ● 2 pm – Family & Friends® CPR	07 ◆ 9:30 am – Play & Learn ● 11 am – Adult Craft Hour	08
10 ● 9:30 am – Zumbini® ● 10:30 am – Creative Play for Babies	11 FRC Closed	12 ● 10 am – ZooToYou - Bug Buddies ● 1 pm – MyChart	13 ◆ 9 am – Women's Self-Improvement Series★ ◆ 10:30 am – Zumbini® ● 11 am – Start with Music	14 ◆ 9:30 am – Play & Learn ● 11 am – Storytime and Fun Arts	15
17 ● 9:30 am – Zumbini® ● 10:30 am – Storytime for Babies	18 ● 11 am – STEM for Littles	19 ● 11 am – Fun Arts - Disguise a Turkey ● 2:30 pm – Fun Arts - Disguise a Turkey	20 FRC Closed	21 ◆ 9:30 am – Play & Learn ● 11 am – Healthy Smiles	22 ◆ 9:30 am – Storytime and Fun Arts
24 ● 9:30 am – Zumbini® ● 10:30 am – Sensory Play for Babies ● 1 pm – Diabetes Bingo	25 ● 11 am – Holiday Arts★ ◆ 5 pm – Safe Sleep	26 ● 11 am – Creative Play ● 2 pm – Organize Your Family's Health Care Information	27 FRC Closed	28	29

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org

★ Registration Required