

November 2025 – Classes

Valleywise Community Health Center – South Central Phoenix
Family Resource Center
33 W. Tamarisk St., Phoenix, AZ 85041 | 602-344-6660



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 5:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm					01
03 ● 10:30 am – Conversation Café ● 11:30 am – MyChart	04 ● 9 am – NutriMiniKids / Adventuring with food ● 10 am – Play & Learn ◆ 5 pm – Safe Sleep	05 ● 10:30 am – Zumbini® ● 11:30 am – Let's talk turkey: planning a healthy holiday meal	06 ◆ 9 am – Women's Self-Improvement Series* ● 10:30 am – Adult Craft Hour ◆ 10:30 am – Zumbini®	07 ◆ 9:30 am – Play & Learn ● 10 am – Start with Music	08
10 ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café	11 FRC Closed	12 ● 10:30 am – Zumbini®	13 ◆ 9 am – Women's Self-Improvement Series* ● 10 am – Fun Arts ● 10:30 am – Adult Craft Hour ◆ 10:30 am – Zumbini®	14 ◆ 9:30 am – Play & Learn ● 10 am – Start with Music ● 11 am – ZooToYou - Bug Buddies	15 11 am - 2 pm - Fall Festival Spaces of Opportunity 1200 W. Vineyard Rd. Phoenix
17 ● 9 am – Family & Friends® CPR ● 10:30 am – Conversation Café	18 ● 9 am – NutriMiniKids / Adventuring with food ● 10 am – Play & Learn ● 11 am – Preschool Science on Wheels - Icy Investigators	19 ● 10:30 am – Zumbini®	20 FRC Closed	21 ◆ 9:30 am – Play & Learn ● 10 am – Start with Music	22
24 ● 9:30 am – Farm Express Mobile Market ● 10:30 am – Conversation Café	25 ● 10 am – Play & Learn ◆ 5 pm – Safe Sleep	26 ● 10:30 am – Zumbini®	27 FRC Closed	28 ● 10 am – Fun Arts	29